



## GARDEN TOMATO SALAD WITH CUCUMBERS

*This recipe provided by:* Chef Michelle Strom of MRS Gourmet Chef  
www.mrsgourmetchef.com  
Cooking Demonstration– June 14, 2014

### INGREDIENTS

- |                                       |                                |
|---------------------------------------|--------------------------------|
| 2 pounds tomatoes, chopped            | 2 tablespoons lemon juice      |
| 2 Cubanelle peppers, chopped          | 2 tablespoons red wine vinegar |
| 2 cucumbers, peeled and chopped       | Salt and pepper, to taste      |
| 2 green onions, chopped               |                                |
| 1/4 cup fresh parsley, finely chopped |                                |
| 1/4 cup olive oil                     |                                |

### DIRECTIONS

1. In a large bowl, combine tomatoes, peppers, cucumbers, green onions, and parsley.
2. In a separate bowl, whisk together olive oil, lemon juice, and red wine vinegar to make a dressing.
3. Pour dressing over tomato mixture and toss well. Season with salt and pepper, to taste.

See [The Farmers Market Shopping List](#) on reverse.



The Farmers Market Farm-to-Table Chef Series - Season 8  
Holly Springs • North Carolina



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### SHOPPING LIST

*Please visit the vendors at [The Farmers Market](#) who offer items for today's cooking demonstration:*

- 2 pounds tomatoes
- 2 Cubanelle peppers
- 2 cucumbers
- 2 green onions
- fresh parsley

#### *Other Ingredients Needed:*

- Olive oil
- Lemon juice
- Red wine vinegar
- Salt and pepper



[www.HSFarmersMarket.com](http://www.HSFarmersMarket.com)



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