



## SOUTH CAROLINA MUSTARD SAUCE

*This recipe provided by:* Chef Elizabeth Reedy  
Cooking Demonstration– August 8, 2015

### INGREDIENTS

---

3/4c German mustard	2tbsp Worcestershire sauce
3/4c cider vinegar	1.5tsp fresh ground pepper
1tbsp brown sugar	
2tsp salt	<i>Optional:</i> 2tsp hot sauce
1.5tbsp unsalted butter	

### DIRECTIONS

---

Combine all of the ingredients in a small saucepan. Whisk to combine and stir occasionally while simmering for 20-30 minutes. Let cool before using.

See [The Farmers Market Shopping List](#) on reverse.

The Farmers Market Farm-to-Table Chef Series - Season 9  
Holly Springs • North Carolina



## SOUTH CAROLINA MUSTARD SAUCE

*This recipe provided by:* Chef Elizabeth Reedy  
Cooking Demonstration– August 8, 2015

### INGREDIENTS

---

3/4c German mustard	2tbsp Worcestershire sauce
3/4c cider vinegar	1.5tsp fresh ground pepper
1tbsp brown sugar	
2tsp salt	<i>Optional:</i> 2tsp hot sauce
1.5tbsp unsalted butter	

### DIRECTIONS

---

Combine all of the ingredients in a small saucepan. Whisk to combine and stir occasionally while simmering for 20-30 minutes. Let cool before using.

See [The Farmers Market Shopping List](#) on reverse.

The Farmers Market Farm-to-Table Chef Series - Season 9  
Holly Springs • North Carolina

## SOUTH CAROLINA MUSTARD SAUCE

### SHOPPING LIST

Please visit the following vendors at *The Farmers Market* who offer items for today's cooking demonstration:

Natural Choice  
German Mustard

Robin's Kitchen Lab  
Worcestershire Sauce

#### *Other Ingredients Needed:*

cider vinegar  
brown sugar  
unsalted butter  
salt  
fresh ground pepper

*Optional: hot sauce*



[www.HSFarmersMarket.com](http://www.HSFarmersMarket.com)

The Farmers Market Farm-to-Table Chef Series - Season 9  
Holly Springs • North Carolina

## SOUTH CAROLINA MUSTARD SAUCE

### SHOPPING LIST

Please visit the following vendors at *The Farmers Market* who offer items for today's cooking demonstration:

Natural Choice  
German Mustard

Robin's Kitchen Lab  
Worcestershire Sauce

#### *Other Ingredients Needed:*

cider vinegar  
brown sugar  
unsalted butter  
salt  
fresh ground pepper

*Optional: hot sauce*



[www.HSFarmersMarket.com](http://www.HSFarmersMarket.com)

The Farmers Market Farm-to-Table Chef Series - Season 9  
Holly Springs • North Carolina