

Group-X Hunt Center (DS) Indicates Class is downstairs *Classes are subject to change

Dec 2018 (Eastern Time - New York)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
25	26	27	28	29	30	1
	5:30am - TBC Tanya 9:30am - TBC Tanya 10:30am - Butts&Guts Tanya 4:30pm - Low Impact Stacey 5:30pm - C.Dance/Toning Kristen 6:30pm - Cycling Ginnine	5:30am - Power HR Stacey 6:30am - Yoga Laurie (DS) 9:30am - Bosu Burn Stacey 5:30pm - Bootcamp Tiffany 6:30pm - Cycle/Yoga Ginnine 7pm - Pilates Amy (DS)	5:30am - Bootcamp Tanya 9:30am - Stacey 10:30am - PiYo Kristen 4:30pm - Low Impact Stacey 5:30pm - Cardio Dance Tiffany 6:30pm - Cycling Ginnine	5:30am - Power HR Stacey 9:30am - Step Tanya 4:30pm - PiYo Kristen 5:30pm - Zumba Kristen 6:30pm - HIIT Tiffany 7:30pm - Yoga Laurie (DS)	5:30am - Kickboxing Tanya 8:15am - Pilates Amy 9:30am - C.Dance/Toning Kristen 5:30pm - Zumba Toning Rolanda	8:30am - Pound Rolanda 9:30am - Cyle Ginnine
2	3	4	5	6	7	8
	5:30am - TBC Tanya 9:30am - TBC Tanya 10:30am - Butts&Guts Tanya 4:30pm - Low Impact Stacey 5:30pm - C.Dance/Toning Kristen 6:30pm - Cycling Ginnine 7:30pm - Yoga Brittany	5:30am - Power HR Stacey 6:30am - Yoga Laurie (DS) 9:30am - Bosu Burn Stacey 5:30pm - Bootcamp Tiffany 6:30pm - Cycle/Yoga Ginnine 7pm - Pilates Amy (DS)	5:30am - Bootcamp Tanya 9:30am - Kickboxing Tanya 10:30am - PiYo Kristen 4:30pm - Low Impact Stacey 5:30pm - Cardio Dance Tiffany 6:30pm - Cycling Ginnine	5:30am - Power HR Stacey 9:30am - Ballet Barre Jenn 5:30pm - Zumba Rolanda 6:30pm - HIIT Tiffany 7:30pm - Yoga Laurie (DS)	5:30am - Kickboxing Tanya 8:15am - Pilates Amy 9:30am - C.Dance/Toning Kristen	8:30am - Stacey/Tanya Combo 9:30am - Stacey/Tanya Combo
9	10	11	12	13	14	15
	5:30am - TBC Tanya 9:30am - TBC Tanya 10:30am - Butts&Guts Tanya 4:30pm - Low Impact Stacey 5:30pm - C.Dance/Toning Kristen 6:30pm - Cycling Ginnine 7:30pm - Yoga Brittany	5:30am - Power HR Stacey 6:30am - Yoga Laurie (DS) 9:30am - Bosu Burn Stacey 5:30pm - Bootcamp Tiffany 6:30pm - Cycle/Yoga Ginnine 7pm - Pilates Amy (DS)	5:30am - Bootcamp Tanya 9:30am - Kickboxing Tanya 10:30am - PiYo Kristen 4:30pm - Low Impact Stacey 5:30pm - Cardio Dance Tiffany 6:30pm - Cycling Ginnine	5:30am - Power HR Stacey 9:30am - Ballet Barre Jenn 5:30pm - Zumba Kristen 6:30pm - HIIT Tiffany 7:30pm - Yoga Laurie (DS)	5:30am - Kickboxing Tanya 8:15am - Pilates Amy 9:30am - C.Dance/Toning Kristen 5:30pm - Zumba Toning Rolanda	8:30am - Bootcamp Tanya 9:30am - C.Dance Kristen
16	17	18	19	20	21	22
	5:30am - TBC Tanya 9:30am - TBC Tanya 10:30am - Butts&Guts Tanya 4:30pm - Low Impact Stacey 5:30pm - C.Dance/Toning Kristen 6:30pm - Cycling Ginnine 7:30pm - Yoga Brittany	5:30am - Power HR Stacey 6:30am - Yoga Laurie (DS) 9:30am - Bosu Burn Stacey 5:30pm - Bootcamp Tiffany 6:30pm - Cycle/Yoga Ginnine 7pm - Pilates Amy (DS)	5:30am - Bootcamp Tanya 9:30am - Kickboxing Tanya 10:30am - PiYo Kristen 4:30pm - Low Impact Stacey 5:30pm - Cardio Dance Tiffany 6:30pm - Cycling Ginnine	Hunt Center Closed	Hunt Center Closed	8:30am - Pound Rolanda 9:30am - Strong Tiffany
23	24	25	26	27	28	29
	Hunt Center Closed	Hunt Center Closed	Hunt Center Closed	5:30am - Power HR Stacey 9:30am - Ballet Barre Jenn 5:30pm - Zumba Kristen 6:30pm - HIIT Tiffany 7:30pm - Yoga Laurie (DS)	5:30am - TBD Stacey 8:15am - Pilates Amy 9:30am - C.Dance/Toning Kristen	8:30am - Zumba Toning Rolanda 9:30am - Kickboxing Tanya
30	31	1	2	3	4	5
	5:30am - Class Canceled 9:30am - PiYo Kristen 10:30am - Butts&Guts Tanya 4:30pm - Low Impact Stacey 5:30pm - C.Dance/Toning Kristen 6:30pm - Cycling Ginnine 7:30pm - Yoga Brittany	Hunt Center Closed	5:30am - Bootcamp Tanya 9:30am - Kickboxing Tanya 10:30am - PiYo Kristen 4:30pm - Low Impact Stacey 5:30pm - Cardio Dance Tiffany 6:30pm - Tanya	5:30am - Power HR Stacey 9:30am - Ballet Barre Jenn 5:30pm - Zumba Kristen 6:30pm - HIIT Tiffany 7:30pm - Yoga Laurie (DS)	5:30am - Kickboxing Tanya 8:15am - Pilates Amy 9:30am - C.Dance/Toning Kristen	8:30am - Bootcamp Tanya 9:30am - Kickboxing Tanya