

Sun	Mon	Tue	Wed	Thu	Fri	Sat
28	29	30	31	1	2	3
	5:30am - TBC Tanya 9:30am - TBC Tanya 10:30am - Butts&Guts Tanya 4:30pm - Low Impact Stacey 5:30pm - C.Dance/Toning Kristen 6:30pm - Cycling Ginnine 7:30pm - Yoga Brittany	5:30am - Power HR Stacey 6:30am - Yoga Laurie (DS) 9:30am - Bosu Burn Stacey 5:30pm - Bootcamp Tiffany 6:30pm - Cycle/Yoga Ginnine 7pm - Pilates Amy (DS)	5:30am - Bootcamp Tanya 9:30am - Kickboxing Tanya 10:30am - PiYo Kristen 4:30pm - Low Impact Stacey 5:30pm - TBD 6:30pm - TBD	5:30am - Power HR Stacey 9:30am - Ballet Barre Jenn 4:30pm - PiYo Kristen 5:30pm - Zumba Kristen 6:30pm - HIIT Tiffany 7:30pm - Yoga Laurie (DS)	5:30am - Kickboxing Tanya 8:15am - Pilates Amy 9:30am - C.Dance/Toning Kristen	8:30am - Pound Rolanda 9:30am - Cycle Ginnine
4	5	6	7	8	9	10
	5:30am - TBC Tanya 9:30am - TBC Tanya 10:30am - Butts&Guts Tanya 4:30pm - Burn Stacey 5:30pm - C.Dance/Toning Kristen 6:30pm - Cycling Ginnine 7:30pm - Yoga Brittany	5:30am - Burn Stacey 6:30am - Yoga Laurie (DS) 9:30am - PiYo Kristen 5:30pm - Burn Stacey 7pm - Pilates Amy (DS)	5:30am - Bootcamp Tanya 9:30am - Kickboxing Tanya 10:30am - PiYo Kristen 4:30pm - Burn Stacey 5:30pm - C. Dance Rolanda 6:30pm - Cycling Ginnine	5:30am - Burn Stacey 9:30am - Ballet Barre Jenn 5:30pm - Zumba Rolanda 6:30pm - HIIT Stacey 7:30pm - Yoga Laurie (DS)	5:30am - Kickboxing Tanya 8:15am - Pilates Amy 9:30am - C.Dance/Toning Kristen	8:30am - Burn Stacey 9:30am - StepTBC Tanya
11	12	13	14	15	16	17
Hunt Center Closed		5:30am - Power HR Stacey 6:30am - Yoga Laurie (DS) 9:30am - Bosu Burn Stacey 5:30pm - Bootcamp Tiffany 6:30pm - Cycle/Yoga Ginnine 7pm - Pilates Amy (DS)	5:30am - Bootcamp Tanya 9:30am - Kickboxing Tanya 10:30am - PiYo Kristen 4:30pm - Low Impact Stacey 5:30pm - Cardio Dance Tiffany 6:30pm - Cycling Ginnine	5:30am - Power HR Stacey 9:30am - Ballet Barre Jenn 4:30pm - PiYo Kristen 5:30pm - Zumba Kristen 6:30pm - HIIT Tiffany 7:30pm - Yoga Laurie (DS)	5:30am - Kickboxing Tanya 8:15am - Pilates Amy 9:30am - C.Dance/Toning Kristen 5:30pm - Yoga Brittany	8:30am - Pound Rolanda 9:30am - C.Dance Kristen
18	19	20	21	22	23	24
5:30am - TBC Tanya 9:30am - TBC Tanya 10:30am - Butts&Guts Tanya 4:30pm - Low Impact Stacey 5:30pm - C.Dance/Toning Kristen 6:30pm - Cycling Ginnine 7:30pm - Yoga Brittany	5:30am - Power HR Stacey 6:30am - Yoga Laurie (DS) 9:30am - Bosu Burn Stacey 5:30pm - Bootcamp Tiffany 6:30pm - Cycle/Yoga Ginnine 7pm - Pilates Amy (DS)	5:30am - Bootcamp Tanya 9:30am - Kickboxing Tanya 10:30am - PiYo Kristen 4:30pm - Low Impact Stacey 5:30pm - Cardio Dance Tiffany 6:30pm - Cycling Ginnine	Thanksgiving (Closed)	Thanksgiving (Closed)		8:30am - StepTBC Tanya 9:30am - Strong Tiffany
25	26	27	28	29	30	1
5:30am - TBC Tanya 9:30am - TBC Tanya 10:30am - Butts&Guts Tanya 4:30pm - Low Impact Stacey 5:30pm - C.Dance/Toning Kristen 6:30pm - Cycling Ginnine 7:30pm - Yoga Brittany	5:30am - Power HR Stacey 6:30am - Yoga Laurie (DS) 9:30am - Bosu Burn Stacey 5:30pm - Bootcamp Tiffany 6:30pm - Cycle/Yoga Ginnine 7pm - Pilates Amy (DS)	5:30am - Bootcamp Tanya 9:30am - Kickboxing Tanya 10:30am - PiYo Kristen 4:30pm - Low Impact Stacey 5:30pm - Cardio Dance Tiffany 6:30pm - Cycling Ginnine	5:30am - Power HR Stacey 9:30am - Step Tanya 4:30pm - PiYo Kristen 5:30pm - Zumba Kristen 6:30pm - HIIT Tiffany 7:30pm - Yoga Laurie (DS)	5:30am - Kickboxing Tanya 8:15am - Pilates Amy 9:30am - C.Dance/Toning Kristen 5:30pm - Zumba Toning Rolanda		8:30am - Bootcamp Tanya 9:30am - Cyle Ginnine