

Group X Schedule- Hunt Fitness Center \*Class formats subject to change

May 2018 (Eastern Time)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
29	30	1	2	3	4	5
	5:30am - Bootcamp Tanya 9:30am - TBC Tanya 4:30pm - Low Impact Stacey 5:30pm - C.Dance/Toning Kristen 6:30pm - Cycling Ginnine	5:30am - FIT/Muscle Stacey 9:30am - Zumba Kristen 5:30pm - Bootcamp Tiffany 6:30pm - Cycle/Yoga Ginnine	5:30am - Bootcamp Tanya 9:30am - Kickboxing Tanya 4:30pm - HIIT Tiffany 5:30pm - Cardio Dance Tiffany 6:30pm - Cycling Ginnine	5:30am - FIT/Muscle Stacey 9:30am - Cycling Tanya 5:30pm - Zumba Kristen 6:30pm - HIIT Tiffany	5:30am - Kickboxing Tanya 9:30am - C.Dance/Toning Kristen 5:30pm - Pound Rolanda	8:30am - Bootcamp Tanya 9:30am - Burn Stacey
6	7	8	9	10	11	12
	5:30am - TBC Tanya 9:30am - TBC Tanya 4:30pm - Low Impact Stacey 5:30pm - C.Dance/Toning Kristen 6:30pm - Cycling Ginnine	5:30am - FIT/Muscle Stacey 9:30am - TBC Tanya 5:30pm - Bootcamp Tiffany 6:30pm - Cycle/Yoga Ginnine	5:30am - Bootcamp Tanya 9:30am - Kickboxing Tanya 4:30pm - HIIT Tiffany 5:30pm - Cardio Dance Tiffany 6:30pm - Cycling Ginnine	5:30am - FIT/Muscle Stacey 9:30am - Cycling Tanya 5:30pm - Cardio Dance Tiffany 6:30pm - HIIT Tiffany	5:30am - Kickboxing Tanya 9:30am - C.Dance/Toning Kristen	8:30am - Pound Rolanda 9:30am - Cycling Ginnine
13	14	15	16	17	18	19
	5:30am - TBC Tanya 9:30am - TBC Tanya 4:30pm - Low Impact Stacey 5:30pm - C.Dance/Toning Kristen 6:30pm - Cycling Ginnine	5:30am - FIT/Muscle Stacey 9:30am - Zumba Kristen 5:30pm - Bootcamp Stacey 6:30pm - Cycle/Yoga Ginnine	5:30am - Bootcamp Tanya 9:30am - Kickboxing Tanya 4:30pm - Low Impact Stacey 5:30pm - Cardio Dance Kristen 6:30pm - Cycling Ginnine	5:30am - FIT/Muscle Stacey 9:30am - Cycling Tanya 5:30pm - Zumba Kristen 6:30pm - HIIT Tiffany	5:30am - Kickboxing Tanya 9:30am - C.Dance/Toning Kristen 5:30pm - STRONG Tiffany	8:30am - Bootcamp Tanya 9:30am - MixedFit Kristen
20	21	22	23	24	25	26
	5:30am - TBC Tanya 9:30am - TBC Tanya 4:30pm - Low Impact Stacey 5:30pm - C.Dance/Toning Kristen 6:30pm - Cycling Ginnine	5:30am - FIT/Muscle Stacey 9:30am - Zumba Kristen 5:30pm - Bootcamp Tiffany 6:30pm - Cycle/Yoga Ginnine	5:30am - Bootcamp Tanya 9:30am - Kickboxing Tanya 4:30pm - Low Impact Stacey 5:30pm - Cardio Dance Tiffany 6:30pm - Cycling Ginnine	5:30am - FIT/Muscle Stacey 9:30am - Cycling Tanya 5:30pm - Zumba Kristen 6:30pm - HIIT Tiffany	5:30am - Kickboxing Tanya 9:30am - C.Dance/Toning Kristen 5:30pm - Zumba Toning Rolanda	8:30am - Pound Rolanda 9:30am - STRONG Tiffany
27	28	29	30	31	1	2
	Memorial Day- HC Closed	5:30am - FIT/Muscle Stacey 9:30am - Zumba Kristen 5:30pm - Bootcamp Tiffany 6:30pm - Cycle/Yoga Ginnine	5:30am - Bootcamp Tanya 9:30am - Kickboxing Tanya 4:30pm - Low Impact Stacey 5:30pm - Cardio Dance Tiffany 6:30pm - Cycling Ginnine	5:30am - FIT/Muscle Stacey 9:30am - Cycling Tanya 5:30pm - Zumba Kristen 6:30pm - HIIT Tiffany	5:30am - Kickboxing Tanya 9:30am - C.Dance/Toning Kristen	8:30am - Bootcamp Tanya 9:30am - Cycling Ginnine